

## You Can Find More Space For Your Things: Find Out How

By Dawn Roth

This series is for anyone who ever considered moving, renting storage or building an addition to make room for the ever-increasing pile of possessions you have collected.

We counsel people experiencing critical mass with their space to do one of three things; decrease clutter, explore storage solutions or buy organizing tools. The best remedy is most often a combination of all three elements.

Our focus here is on decreasing clutter to free up the space you need. Here are the best ways we have found.

**Make the Time.** In order to make, for example, a pantry usable again, you need to start from scratch. Set aside 2 hours to empty the space. As you remove items categorize them into logical groups.

**Dump the Doubles.** If your garage is jam packed, see how many you multiples you have of things. Do you need three hedge clippers?

**Trash the Trash.** If you haven't used a thing in 6 months, it needs to go. You only want to find homes for things that help you reach your goals. If you want more space, keeping things "just in case" won't make sense.

**Make the Grade.** Look at things with a critical eye. Old clothes are old, not retro. If you find something you forgot you had, then you have been living without it, make it official!

**Feel the Flow.** Once you start releasing things that don't serve you, notice how good it feels. If you are keeping a box for donations (great time of year for this,) give yourself credit for putting things back into the flow of life.

Remember that people keep things 7 years longer than they need them! You'll be amazed at the space you find without spending a dime.

Look for the second way to create space: creative storage solutions.

Article Byline:

By Dawn Roth, Squared Away, Inc.

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